

Cabrillo Elementary School Grades K-2 Lunch Menu March 2019



Student lunch \$3.45 paid, .40 reduced*, free*, adults \$4.00, milk .50

*You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program please call Michael Gengler at the food service office (310) 725-4700 x4510

Monday Tuesday Wednesday Thursday Frida

NEW THIS SCHOOL YEAR

The Wiseburn Unified School District (in partnership with Chartwells School Dining) will offer freshly prepared meals daily at Cabrillo Elementary School, offering two different entree choices per day. Come have a delicious lunch with us.

(Menu subject to change daily)

May your pockets be HEAVY Land your Neal t Meal t May good LUCK pursue you each morning and night.		Opening Day March 28th!	CABRILLO	Cheese or Pepperoni Pizza on WW Crust with Seasoned Carrots or Turkey and Cheese Sandwich with Seasoned Carrots Salad Bar & Milk
4	5	6	7	8
WG Bagel	Mini Turkey Corn Dogs	Cheeseburger	BBQ Chicken Drumstick	Cheese or Pepperoni
Turkey Sausage and	served with	served with	with Mashed Potatoes and Gravy	Flatbread
Tater Tots and Cream Cheese	Seasoned Fries	Tater Tots	Seasoned Peas	with Seasoned Corn
or	or	or	or	or
Sun Butter & Jelly Sandwich	Chicken Caesar Salad	Fruit Parfait	Chicken Caesar Salad	Turkey and Cheese Wrap
Tater Tots	with a WG Roll	with Dinner Roll	with a WG Roll	with Seasoned Corn
Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk
11	12	13		15
WG Pancakes	Chicken Alfredo	Turkey Corn Dog	Beef Nachos	Cheese or Pepperoni Pizza
Turkey Sausage and	with WG Pasta	with	with	on WW Crust
Hash Brown Patty	and Green Beans	Waffle Fries	Refried Beans	with Seasoned Peas
or	or	or	or	or
Sun Butter & Jelly Sandwich	Popcorn Chicken Salad	Fruit	Chicken Caesar Salad	Turkey and Cheese Sandwich
Hash Brown Patty	with a WG Roll	Parfait	with a WG Roll	with Seasoned Peas
Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk
18	19	20	21	22
Pancake and Sausage	WG Macaroni and Cheese	Chicken Nuggets	Beef Hot Dog	PROFESSIONAL
Skewer with	with	with	or Chili Cheese Dog	DEVELOPMENT
Hash Brown Patty	Green Beans	Tater Tots	with Waffle Fries	
or	or	or	or	
Sun Butter & Jelly Sandwich	Popcorn Chicken Salad	Fruit	Chicken Caesar Salad	
Hash Brown Patty	with a WG Roll	Parfait	with a WG Roll	
Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	
25	26	27	28	29
WG French Toast Sticks	Spaghetti with	Classic Cheeseburger	Popcorn Chicken	Cheese or Pepperoni Pizza
Turkey Sausage and	Meatballs and	with Oven Baked	with Mashed Potatoes	on WW Crust
Tater Tots	Green Beans	Potato Wedges	and Gravy	with Seasoned Carrots
or	or	or 	or	or
Sun Butter & Jelly Sandwich	Popcorn Chicken Salad	Fruit	Chicken Caesar Salad	Turkey and Cheese Sandwich
Tater Tots	with a WG Roll	Parfait	with a WG Roll	with Seasoned Carrots
Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk



A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable & fruit side dishes, and milk. Milk choices include 1% white and non-fat chocolate.

A cold vegetable and fruit salad bar is available daily in which we feature a variety of vegetables and fruits including locally grown produce when seasonally available.

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Salad Bar Selections						
Monday	Tuesday	Wednesday	Thursday	Friday		
Chopped Romaine	Chopped Romaine	Chopped Romaine	Chopped Romaine	Chopped Romaine		
Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Sliced Tomatoes	Power Peas		
Sliced Cucumbers	Celery Sticks	Sliced Cucumbers	Black Beans	Carrot Sticks		
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit		
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit		
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit		